NORTHERN VALLEY SPORTS_

Strongman Challenge



Cameras out as Alex Parenta competes.



Chris Kulscar, the college/pro winner

varsity The category's strongman, Mike Reilly.



Competitors wait for a chance to prove their mettle.

About 40 contestants put their brawn on display and raised money for cancer research and local scholarships during the sec- sity House in Old Tappan. ond annual Strongman Challenge, hosted on June 18 by Var-



Cory Kaiser runs with a 100-pound keg during the Varsity Death Medley.



The event raised about \$8,000 for the Michael LaViola Foundation, which honors the late borough resident of the same name by funding cancer research and providing two scholarships each year to two graduating Northern Valley High School at Old Tappan seniors.

A crowd of spectators watched participants battle through a bevy of rigorous events, including the Overhead Medley (Log Press, Axel Press, Circus Dumbbell Press), Tractor Tire Flip, Death Medley (Farmers Walk, Sled Drag, Keg Carry), and the Truck Pull. Winners were named in three divisions and included: Jong-Min Youn, junior varsity; Mike Reilly, varsity; and Chris Kulscar, college/professional.

Beautiful warm weather provided the backdrop of the competition and Michael C. LaViola, a foundation trustee, told Northern Valley Press he was very pleased to see all the participation and support and commended Varsity House for hosting a fine event. Plans are already in the works to improve upon and grow the competition for next year.

For more information on the foundation, visit www.MichaelLaViolaFoundation.org.

Photos by Tom Moorhead



Jordan Migs pulls some heavy cargo while placing second in the college/pro division's truck pull; that's a Ford F-350 and with its super diesel engine, it weighs 10,000 pounds.

OLD TAPPAN